## August/September 2023 Lunch Menu

| Mon | Tues | Wed | Thu | Fri |
| :---: | :---: | :---: | :---: | :---: |
|  |  |  $\mathbf{3 0}$ <br> Stuffed Crust Pizza  <br> Tossed Salad  <br> Pepper Slices  <br> Fruit Salad  <br> Milk  |  $\mathbf{3 1}$ <br> Golden Chicken Nuggets  <br> Macaroni \& Cheese  <br> Honeyed Carrots  <br> Fresh Melon  <br> Milk  | Chipotle Bar <br> (Seasoned Chicken, Rice, Beans, Lettuce, Salsa) Grilled Corn Juicy Orange Milk |
| Labor Day <br> No School | Spaghetti \& Meatballs <br> Cheese Stuffed Breadstick <br> Caesar Salad <br> Diced Pears <br> Brownie <br> Milk |  6 <br> Sunrise Sandwich  <br> Hash Brown  <br> Orange Juice  <br> Yogurt Parfait  <br> Milk  |  7 <br> Chicken Fried Rice  <br> Egg Roll  <br> Pepper Slices  <br> Mandarin Oranges  <br> Fortune Cookie  <br> Milk  |  8 <br> Walking Tacos  <br> Refried Beans  <br> Banana  <br> Churro  <br> Milk  |
| Pulled Pork Sandwich Creamy Crunchy Corn Cole Slaw Diced Pears Milk | $12$ <br> Chicken Quesadillas <br> Savory Rice <br> Mexican Black Beans <br> Applesauce <br> Milk |  $\mathbf{1 3}$ <br> Big Valley Burger  <br> French Fries  <br> Diced Peaches  <br> Creamy Pudding Cup  <br> Milk  |  14 <br> Tomato Soup  <br> Grilled Cheese Sandwich  <br> Cucumber Slices  <br> Juicy Orange  <br> Milk  |  15 <br> Hoagie  <br> Baked Chips  <br> Baby Carrots  <br> Mandarin Oranges  <br> Milk  |
|  18 <br> Popcorn/Asian Chicken  <br> Savory Rice  <br> Green Beans  <br> Mandarin Oranges  <br> Chocolate Chip Oatmeal Bar  <br> Milk  | Chili or Cheeseburger Soup Garlic Knot Apple Slices Brownie Milk | $20$ <br> Meatball Sub <br> Mozzarella Cheese Sticks <br> Cucumber Slices Fruit Smoothie Milk | Chicken \& Waffles w/Gravy Seasoned Peas Cherry Tomatoes Applesauce Milk | Grilled Chicken Salad or Chicken Croissant Sandwich French Fries Diced Pears Milk |
|  $\mathbf{2 5}$ <br> Meatball Stroganoff  <br> Dinner Roll  <br> Steamed Broccoli  <br> Applesauce  <br> Milk  |  26 <br> Flatbread Sandwiches  <br> Sweet Potato Fries  <br> Fresh Veggies  <br> Peaches  <br> Milk  |  $\mathbf{2 7}$ <br> Homemade Pizza  <br> Tossed Salad  <br> Pepper Slices  <br> Frozen Fruit Cup  <br> Rice Crispy Treat  <br> Milk  |  $\mathbf{2 8}$ <br> Super Nachos  <br> Grilled Corn  <br> Fresh Veggies  <br> Fruit Salad  <br> Milk  |  $\mathbf{2 9}$ <br> Chic Fil A Sandwich  <br> Waffle Fries  <br> Fresh Fruit Cup  <br> Milk  |

In accordance with the USDA guidelines, students must choose at least 3 of the 5 meal components, one of which must be a fruit or vegetable side.

Each day, students may choose to order a Chef Salad as a substitute for the main entrée listed on our lunch menu.

> Milk Choices:
> (with every meal) 1\% White 1\% Chocolate

## Lunch Prices:

Elem $\$ 2.75$
MS/HS \$2.95
Reduced \$0.40


Menu subject to change

