

August/September 2019 Lunch Menu



Mon	Tues	Wed	Thu	Fri
26	27	28	29	30
		Hoagie w/ lettuce tomato, onion Baked Chips Fresh Broccoli Fruit Smoothie Milk	Stuffed Crust Pizza Sweet Spinach Salad Pepper Slices Fruit Salad Rice Crispy Treat Milk	Golden Chicken Nuggets Macaroni & Cheese Honeyed Carrots Melon Medley Milk
2 <i>NO SCHOOL (Labor Day)</i>	3	4	5	6
	Spaghetti & Meatballs Breadstick Tossed Salad Fresh Celery Applesauce Milk	Breakfast Casserole Pop tart Grape/Apple Juice Yogurt Cup Milk	Pulled Pork on Bavarian Pretzel Roll Creamy Crunchy Corn Cucumber Slices Diced Pears Milk	Ham <u>or</u> Chicken Salad Croissant Sandwich Sweet Potato Fries Banana Milk
9	10	11	12	13
Tomato Soup Grilled Cheese Sandwich Cucumber Slices Fresh Grapes Milk	Big Valley Burger French Fries Diced Peaches Creamy Pudding Cup Milk	Chicken Quesadillas Savory Rice Salsa w/ Corn Chips Fruit Slush Milk	Terrific Tacos Refried Beans Banana Sherbet Milk	Chicken Tetrizzini Dinner Roll Steamed Broccoli Applesauce Milk
16	17	18	19	20
Hot Dog Baked Beans Tater Tots Mandarin Oranges Milk	Chili <u>or</u> Cheeseburger Soup Soft Pretzel Fresh Celery Apple Slices Milk	Meatball Sub Baked Chips Mozzarella Cheese Stix Fresh Broccoli Banana Milk	Homemade Pizza Tossed Salad Pepper Slices Fruit Salad Rice Crispy Treat Milk	Grilled Chicken Salad w/ Dinner Roll <u>or</u> Grilled Chicken Sandwich French Fries Diced Pears Milk
23	24	25	26	27
Chicken & Waffles w/ Gravy Seasoned Peas Diced Peaches Milk	Baked Potato Cowboy Beans Cheesy Broccoli Fresh Grapes Pumpkin Squares Milk	Meatball Stroganoff Dinner Roll Mixed Vegetables Applesauce Milk	Chicken Patty <u>or</u> Fish Sandwich Scalloped Potatoes Baby Carrots Mandarin Oranges Brownie Milk	Super Nachos Seasoned Corn Fresh Veggies Fruit Salad Milk

In accordance with the USDA guidelines, students must choose at least 3 of the 5 meal components, one of which must be a fruit or vegetable side.

Each day, students may choose to order a Chef Salad as a substitute for the main entrée listed on our lunch menu.

Milk Choices:
(with every meal)
1% White
1% Chocolate

Lunch Prices:
Elem \$2.65
MS/HS \$2.85
Reduced \$0.40
Extra Milk \$0.50



Menu subject to change