

November 2022 Lunch Menu



Mon	Tues	Wed	Thu	Fri
	1 Chicken Fajitas Savory Rice Guacamole Frozen Fruit Cup Milk	2 Flatbread Sandwiches Sweet Potato Fries Cauliflower Salad Diced Pears Milk	3 Big Valley Burger French Fries Diced Peaches Pudding Cup Milk	4 Super Nachos Seasoned Corn Fresh Veggies Juicy Orange Milk
7 Chicken Tetrizzini Dinner Roll Steamed Broccoli Fresh Melon Chocolate Chip Oatmeal Bar Milk	8 Meatball Sub Mozzarella Cheese Stix Fresh Hummus Fruit Smoothie Milk	9 Walking Tacos Refried Beans Frozen Fruit Cup Churro Milk	10 Noon Dismissal NO LUNCH	11 Home/Virtual Day (Teacher in Service)
14 Golden Chicken Nuggets Macaroni & Cheese Honeyed Carrots Fresh Grapes Milk	15 Hot Dog Baked Beans Tater Tots Mandarin Oranges Milk	16 Stuffed Crust Pizza Sweet Spinach Salad Pepper Slices Apple Slices Milk	Thanksgiving Meal 17 Turkey Mashed Potatoes w/ Gravy Stuffing Corn Applesauce Pumpkin Pie/Apple Pie Milk	18 Tomato Soup Grilled Cheese Sandwich Cucumber Slices Fresh Pineapple Milk
21 Chicken Quesadillas Savory Rice Black Beans Banana Milk	Senior Meal 22 Meatball Stroganoff Steamed Broccoli Fruit Slush Chocolate Cake Milk	23 White Chicken Chili or Chicken Noodle Soup Cornbread Baby Carrots Mandarin Oranges Milk	24 Thanksgiving Vacation	25 Thanksgiving Vacation
28 Thanksgiving Vacation	29 Thanksgiving Vacation	30 Sunrise Sandwich Tater Tots Yogurt Parfait Fruit Juice Milk		

In accordance with the USDA guidelines, students must choose at least 3 of the 5 meal components, one of which must be a fruit or vegetable side.

Each day, students may choose to order a Chef Salad as a substitute for the main entrée listed on our lunch menu.

Lunch prices:
Elem **\$2.70**
MS/HS **\$2.90**
Reduced **\$0.40**

Milk Choices:
(with every meal)
1% White
1% Chocolate
**Extra Milk \$.50



Menu subject to change